



Science

How have the materials of sportswear changed and why?
Look at Nike technology to start you off here.

Watch videos of the Olympics from Barcelona 1992 – what do you notice about what they are wearing? How does this look the London?



different to Olympics in



Geography



This picture shows a time lapse of the midnight sun which is the phenomenon that occurs during summer in the Arctic and Antarctic circle.

Even at midnight the sun is visible.

What impact do you think this has on the people that live there?

Draw images of normal day-to-day activities and how they would be altered by a permanent sun.



Religious Education

So far you have just looked at Oxfam, now think of a cause that is close to your heart. It might be saving the environment, ensuring children can access education or maybe making sure people can access clean water.



Now – research in your area a local charity that is doing something to help the cause that you care about. Create a PowerPoint about them and the work that they do. How could people help them?



PSHE

1. Write your top 3 qualities, you can take these from last week's work.
2. Now write 3 things that you want to be.
3. How far away are you from the 3 things you've written in step 2?
4. Take one thing you have written you want to be and choose 3 actions you can take towards reaching that goal. Draw them on steps with your goal at the top.



Art
We will now build on the skills you've done the last few weeks to draw a different type of wave.



As you can see, this example also uses black to add extra depth at the base of the wave.



Looking Ahead

What are the things you tend to worry about which might stop you from trying something new or hard?

- Write them down on strips of paper.
- Put those strips of paper in a worry jar – any jam jar or a pot will do.
- In a week's time, look at the strips of paper again (maybe with a parent or sibling) and see if the worries still apply.



- Throw away the ones that don't.
- Take a look at the ones that are still worrying you. E-mail these to Miss Pickard so that she can help.