

Oasis Academy Don Valley – Curriculum Map 2019/20 Year 7 PE

Year Group 7	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Module Title	<u>Multi Skills – Invasion Games</u>	<u>Badminton</u>	<u>Basketball</u>	<u>Football</u>	<u>Cricket</u>	<u>Athletics</u>
Key Questions	<p>What is Physical Education?</p> <p>Why does sport and Physical Activity play a key role in the modern world?</p> <p>What career options are within PE and Physical Activity?</p> <p>What is an invasion game?</p> <p>What are the components of Fitness?</p> <p>What is spatial awareness?</p> <p>Why is Leadership important in Sport?</p>	<p>Where does badminton originate from?</p> <p>What are the different rules between singles and doubles?</p> <p>What are the positive impacts that sport has had on Modern Britain and Multi-culturalism?</p> <p>Who is the current singles world champion?</p> <p>Why do we start each point with a serve?</p>	<p>Students to lead and design their own warm-ups specific to current sport.</p> <p>Can you create your own drill to help you develop a specific skill in a specific sport?</p> <p>Who invented Basketball?</p> <p>Which countries developed which sports first?</p> <p>What is a double dribble?</p> <p>What is travelling?</p>	<p>Students to identify where football was initially created.</p> <p>Students to design their own mini lessons.</p> <p>How can we make lessons easier or more difficult?</p> <p>How can we make lessons specific to different age groups?</p> <p>Name 3 different formations in football.</p>	<p>Can you give an example where sport has stopped or put a conflict on hold?</p> <p>Competition – Students to compete in mini tournaments.</p> <p>Who won the last world cup?</p> <p>Name 3 cricket players.</p> <p>How do you score points in cricket?</p> <p>How many players are there in a cricket team?</p>	<p>How can competition help resolve conflict?</p> <p>Can you give an example of different competitions around the world that brings nations together?</p> <p>Can you name an Olympic gold medallist in athletics?</p> <p>Name 4 athletic events.</p>
Key Knowledge covered	<p>Pupils will understand the key concepts of the subject and the importance of Physical Education.</p> <p>Multi-skills (Invasion Games) Football, Rugby, Basketball, Bench ball</p> <p>Spatial Awareness – Moving into space, communicating to team mates that you are in space. Why do we need to move into space?</p> <p>Passing – Types of passing, making the right decision as to which type of pass to use and when to pass.</p> <p>Accuracy and technique.</p>	<p>Rules and Regulations – Scoring Systems doubles and singles. Court markings.</p> <p>Grip and stance – ensuring both skills are using correct technique. E.g. Side wards stance.</p> <p>Serving – Forehand Serve.</p> <p>Why we serve. What makes a good serve?</p> <p>Accuracy, technique.</p> <p>Introduce the Overhead/Underarm Clear</p> <p>To perform and replicate overhead and underarm clear with control and accuracy.</p>	<p>Ball familiarisation - To be able to perform the fundamental skills of ball handling. To be able to perform these in a small sided game to maintain ball possession.</p> <p>Passing, receiving and outwitting an opponent.</p> <p>To introduce & understand where passing. To be able to outwit opponents with passes and angled runs. To begin to understand the need of tactical movements to invade opponents goal.</p> <p>Intro Dribbling & Pivoting</p>	<p>Intro Passing – Side Foot</p> <p>To be able to perform the basic Football skills of passing and receiving.</p> <p>Intro Dribbling, Control & Turning</p> <p>To be able to perform the basic dribbling with control. To be able to outwit opponents with the use of these techniques.</p> <p>Passing and movement off the ball. To be able to outwit opponents using learnt skills and techniques.</p> <p>Intro Shooting</p> <p>To understand and know the benefits of types of</p>	<p>Ball familiarisation/catching</p> <p>To demonstrate & use a variety of catching styles.</p> <p>To be able to accurately replicate a basic throwing technique.</p> <p>Fielding - To use both underarm and over arm throws depending on competitive situation. To accurately replicate the long barrier technique.</p> <p>Bowling - To be able to accurately replicate basic bowling technique. To understand the laws about bowling deliveries.</p>	<p>Introduce running style (100/200/400m)</p> <p>To be able to perform the basic technique for an effective sprint race. To replicate the correct posture, arm action and leg action.</p> <p>Introduce pace running – 800m</p> <p>To accurately replicate basic technique for an effective paced race.</p> <p>Jumping- long jump</p> <p>To accurately replicate the technique for an effective long jump. To perform and record distance achieved.</p> <p>Throwing – shot putt</p>

Summative assessment	KPI's – Students assessed based on performance of a set practical and written task. Multi-skill circuit.	KPI's – Students assessed based on performance of a set practical and written task. Badminton Tournament	KPI's – Students assessed based on performance of a set practical and written task. Basketball/Netball Skills circuit	KPI's – Students assessed based on performance of a set practical and written task. Football Tournament	KPI's – Students assessed based on performance of a set practical and written task. Cricket Tournament	KPI's – Students assessed based on performance of a set practical and written task. Athletics Skills circuit
First-hand experience	Extra-Curricular Fixtures/Videos and Guest Speakers	Sports Stadium Excursion	Sports Fixtures trip	Extra-Curricular Fixtures/Videos and Guest Speakers	Sports Stadium Excursion	Sports Fixtures trip