

Oasis Academy Don Valley – Curriculum Map 2019/20 Year 8 PE

Year Group 8	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Module Title	Football	Badminton	Basketball	Dodgeball	Hockey	Softball
Key Questions	<p>How many countries play in the world cup finals? Can you create an offensive and defensive drill that helps different strategies within a football game? Name 2 attacking formations in football. What are the dimensions of a goalkeeper’s area in football? What are the short term effects on your body after playing a football match?</p>	<p>Where does badminton originate from? What are the different rules between singles and doubles? Can you name 3 coaching points of performing the drop shot? Who is the current singles world champion? Is there a second serve in badminton like there is in tennis?</p>	<p>Students to lead and design their own warm-ups and cool downs specific to current sport. Can you create your own drill to help with a defensive strategy in basketball? Who invented Basketball? Which countries developed which sports first? What is a double dribble? What is travelling? What is peripheral Vision?</p>	<p>Students to identify where dodgeball was initially created. Students to design their own mini lessons. How can we make lessons easier or more difficult? How can we make lessons specific to different age groups? What components of fitness are required in dodgeball?</p>	<p>Can you give an example where sport has stopped or put a conflict on hold? Competition – Students to compete in mini tournaments. How many players are on a hockey team? Name 3 positions in Hockey. What equipment is used in Hockey? Where did Hockey originate from?</p>	<p>How can competition help resolve conflict? Can you give an example of different competitions around the world that brings nations together? How do you score points in softball? How many players are in a softball team? What is the player that throws the ball towards the batter called? What is a strike?</p>
Key Knowledge covered	<p>Dribbling, turning and outwitting a defender. Developing attack strategies. Developing shooting techniques and accuracy. To develop understanding and knowledge of how to head a ball correctly both in a defensive and offensive situation. Dribbling/ Running with the ball – Keeping control of object ball. Decision making on releasing object ball. .Strategy/Outwitting (TGFU) -</p>	<p>Rules and Regulations – Scoring Systems doubles and singles. Court markings. Introduce the Grip and ready position To be able to demonstrate &amp; use the correct grip and ready position. Introduce the Overhead/Underarm Clear To perform and replicate overhead and underarm clear with control and accuracy. To develop the skill of outwitting an opponent using a combination of shots</p>	<p>Develop Passing/Pivoting &amp; Dribbling/Triple Threat To be able to perform passing and receiving techniques and use to outwit opposition. Attacking and outwitting an opponent. To develop an understanding about attacking principles related to basketball. To perform and accurately replicate a range of dribbling skills to outwit opponents. Defense – Defending Skills/ To be able to outwit opponents with the use of defending skills. <i>i.e.</i></p>	<p>To introduce the rules of dodge ball through small sided short games.  To teach the technique of the basic throws within the game. To improve the dodging skills and movement of all players. To introduce team attacks and the technique for throwing To improve team attacks and work on catching Learn how to successfully duck and jump thrown balls Mini tournament to be played to assess all skills</p>	<p>Grip, Dribbling &amp; Handling. To be able to accurately replicate the correct hockey stick grip. To be able to dribble with the ball under control. Passing &amp; receiving To be able to perform basic passing &amp; receiving technique with accuracy. To recognise the use of push pass within game. Outwitting opponents/use of space To be able to outwit opponents using passing and receiving. Shooting To develop their understanding and</p>	<p>To develop the knowledge and understanding of the fundamentals of Softball. To be able to perform and know how to perform under control different types of catches To understand the laws governing Catching and fielding in Softball. To be able to perform both underarm and overarm throws. To clearly know and understand how to perform these skills in Softball and where these skills are used. To be know and understand how to catch each delivery correctly</p>

	<p>Understanding formations, problem solving and decision making.</p> <p>Sports Leadership will be incorporated to every lesson. Student led warm-ups, Students leading within groups, students leading cool downs, team captains.</p> <p>Homework – Homework will be based on the Key concept of the term.</p> <p>Students to be asked to present ideas at the beginning of each lesson.</p>	<p>Develop the drop shot and understand when to use it.</p> <p>Develop the smash and understand how to use it to outwit your opponent.</p> <p>Doubles and singles tactics</p> <p>To develop their understanding and knowledge of basic outwitting strategies. To understand and develop the notion of shuttle movement into space and refining tactics based on opponents weaknesses.</p>	<p><i>interception, strip, side step</i></p> <p>Recap Shooting – set shot, lay up</p> <p>To understand and know the benefits of types of shots. To develop their understanding and knowledge of how to execute a successful set shot.</p> <p>Develop Shooting – jump shot</p> <p>To perform the jump shot appreciating the outcome necessary.</p>	<p>taught throughout the term.</p> <p>Why are teamwork, communication and leadership so important in dodgeball?</p>	<p>knowledge of how to shoot correctly &amp; safely.</p> <p>To perform and accurately replicate the correct techniques hit shot.</p> <p>Defending/block tackle</p> <p>To perform block tackle technique in isolation and under pressure in a game.</p> <p>To understand when to use the block tackle in a game.</p>	<p>using the glove appropriately.</p> <p>To develop the throwing and catching precision, control and fluency skills.</p> <p>To be able to confidently perform with accuracy, the basic interception and Long Barrier method used in Fielding.</p> <p>Batting – to understand and be able to perform the correct grip, stance and backswing.</p>
Key Words and definitions	<p>Spatial awareness, defense, attack</p> <p>Communication, Leadership, Invasion games, accuracy, technique, skill, teamwork, Dribbling, Decision making, Outwit.</p>	<p>Serve, Grip, Stance, Drop shot, Smash, Overhead clear, Net, Volley, court, Outwit, Strategy, Shuttlecock, Forehand, Backhand. Singles, doubles.</p>	<p>Chest pass, Bounce Pass, Overhead pass, B.E.E.F., Non-contact, travelling, Double dribble, passing, receiving, movement, aerobic endurance, reaction time, agility, set shot. Jump shot, lay-up</p>	<p>Attack, defend, tactics, strategy, outwit, penalty.</p> <p>Skill, technique, direct, agility, reaction time, teamwork, communication, dodge, power, co-ordination.</p>	<p>Hockey Stick, block tackle, attack, defence, hit shot, grip, stance, back line, centre line, flick, and penalty stroke.</p>	<p>Bat, bases, fielders, pitcher, strike, swing, batter, foul-ball, home-run, inning, obstruction, double-play. Aerobic endurance, accuracy, teamwork, co-ordination, power.</p>
Formative assessment	<p>During practical work through self, peer and teacher assessment.</p> <p>Regular knowledge checks through class work and homework</p>	<p>During practical work through self, peer and teacher assessment.</p> <p>Regular knowledge checks through class work and homework</p>	<p>During practical work through self, peer and teacher assessment.</p> <p>Regular knowledge checks through class work and homework</p>	<p>During practical work through self, peer and teacher assessment.</p> <p>Regular knowledge checks through class work and homework</p>	<p>During practical work through self, peer and teacher assessment.</p> <p>Regular knowledge checks through class work and homework</p>	<p>During practical work through self, peer and teacher assessment.</p> <p>Regular knowledge checks through class work and homework</p>
Summative assessment	<p>KPI's – Students assessed based on performance of a set practical and written task.</p> <p>Football Tournament.</p>	<p>KPI's – Students assessed based on performance of a set practical and written task.</p> <p>Badminton Tournament.</p>	<p>KPI's – Students assessed based on performance of a set practical and written task.</p> <p>Basketball Tournament.</p>	<p>KPI's – Students assessed based on performance of a set practical and written task.</p> <p>Dodgeball Tournament.</p>	<p>KPI's – Students assessed based on performance of a set practical and written task.</p> <p>Hockey Tournament</p>	<p>KPI's – Students assessed based on performance of a set practical and written task.</p> <p>Softball Tournament.</p>

First-hand experience	Extra-Curricular Fixtures/Videos and Guest Speakers	Sports Stadium Excursion	Sports Fixtures trip	Extra-Curricular Fixtures/Videos and Guest Speakers	Sports Stadium Excursion	Sports Fixtures trip
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