

7th October 2024

Dear Children and Parents,

This year Oasis Don Valley Primary Phase is raising awareness and money for **Mental Health Day!**

We are going to have:

A wear a hat kind of day Thursday 10th October 2024



We will also be using **Mental Health Day** as a learning opportunity to help our pupils explore different ways and strategies to stay positive and calm. We will link this to our 9 habits of being compassionate and considerate.

We really appreciate your support by bringing in a donation to help Oasis Don Valley raise lots of money for **Mental Health Day**.

We cannot wait to see your hats on Thursday!

Yours sincerely,

Miss Dunning

Nursery Teacher

Personal Development Lead



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