

5<sup>th</sup> October 2021

Dear Parents/ Carers and Children

## LET'S WALK TO SCHOOL ...AGAIN!

This year we continue to be part of an exciting nationwide challenge to encourage more children and their families to walk to school. Living Streets, the UK charity for everyday walking, want to help as many children as possible experience the benefits of walking to school, by delivering the WOW – walk to school challenge.

WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel sustainably (walk, cycle, scoot or Park and Stride) at least once a week for a month, they are rewarded with a special badge each month. It is that easy!

What are the benefits of walking to school? Walking to school helps children feel happier and healthier and they arrive refreshed, fit and ready to learn. More families walking means fewer cars on the road during the school run, helping to reduce congestion and pollution at the school gates.

### What if you cannot walk to school?

If you live too far away or do not have time to walk the whole way to school, you can Park and Stride to help your child earn their WOW badge. Park or hop off public transport at least ten minutes away from the school and walk the rest of the way.

### Helping with parking

As you are aware parking outside of the Academy is very busy and at times parking is not always done in a safe way. Walking to school remains an effective way to reduce congestion and improve road safety at the Academy gates.

For more information visit: [www.livingstreets.org.uk/WOW](http://www.livingstreets.org.uk/WOW)

Let us swap those school runs for school walks!

Yours sincerely  
Mrs Michels, Head of Primary



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# Do you want to keep healthy, do you enjoy running? Why not join the weekly junior parkrun...



## Sheffield Olympic Legacy Park junior parkrun



### What is a junior parkrun?

- Weekly event for 4-14 year olds
- Safe, traffic-free, timed 2km route
- Walk, jog, run or volunteer
- Everyone welcome
- It's FREE and it's fun

### How do I register?

- Visit [www.parkrun.org.uk/register/](http://www.parkrun.org.uk/register/)
- Submit your details to get your barcode
- Print your barcode to bring on the day

### When & where?

- Every Sunday at 9am
- Sheffield Olympic Legacy Park
- Worksop Road, Sheffield, S9 3TL
- Easy access by tram & bus / parking available



### How do I find out more?

- Visit - [www.parkrun.org.uk/sheffieldolp-juniors/](http://www.parkrun.org.uk/sheffieldolp-juniors/)
- Email - [sheffieldolp-juniors@parkrun.com](mailto:sheffieldolp-juniors@parkrun.com)
- Facebook - [@sheffieldolpjuniors](https://www.facebook.com/sheffieldolp-juniors)