



How would you answer these questions?

Has your relationship with your children broken down?

Have you tried everything and feel like giving up, or have you already given up?

Do you feel like no one really understands how hard it is?

Are you willing to try something new to restore your relationship with your child?

**CONTACT US FOR
MORE INFORMATION OR TO
SELF-REFER:**

You can scan the QR code or click the link below to fill out the referral form. A member of our team will be in touch shortly.
<https://forms.office.com/e/6a80UaDeZT>



'I found the whole experience very rewarding especially that you 'listen' and help us 'act' on our school/parent/child interactions.'

If you answered 'Yes' to any of these questions, then we would love to invite you to join us for our next Encounter session!

How does Encounter work?

Oasis Encounter is a program that improves the whole family's mental well-being. Through eight online sessions, our trained coaches offer a supportive and safe space for parents and carers to discuss the realities of parenting.

Our cohorts receive supportive tools and techniques that can help strengthen and protect relationships both with themselves and the family as a whole. You will have the support of a team of experienced practitioners and other parents.

We will walk with you ever step of the way!

For further information, contact us at:

OasisEncounter@oasisuk.org

**WHAT
OUR
PARENTS
SAY!**

'I found the course encouraging and thought provoking and well led. The coaches were empathetic, down to earth, supportive.'

**THIS IS A
SAFE
SPACE**

